



*Helping burnt out business leaders regain drive, focus, & energy in 6 weeks.*

<http://mariohostios.com>

admin@mariohostios.com  
(310) 456 4468

*You know the trust you have in someone who is a master of their craft? That's how Mario makes you feel.*

*-Ian Smith, Ian Screams*



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## Speaking Topics

### Achieve The Ageless Advantage

Avoid the 3 massive mistakes elite achievers make that trap them in a cycle of stress, fatigue, & declining vitality.

### Beyond Success...The Final Frontier

Avoid the 3 fatal flaws elite leaders fall prey to that trap them in their achievements & sabotage the crafting of an enduring legacy.

### The Power To Heal

Avoid the 3 fatal flaws Healers make that keep them stuck in a cycle of fatigue, frustration, & flushing money down the drain.

## Bio

With over 30 years experience in fitness & personal development, Mario lives on the cutting edge of high performance & human potential. In business, the gym, or a meditation retreat, Mario practices, preaches, & teaches the path of comprehending mother nature & following her example.

## Message

Entertaining, engaging, & action inspiring, Mario enters the conversation, reframes the context, & changes lives with his message. Money & mindset skills are fundamental to the transformation industry; yet psychology is downstream from physiology. Mario reconciles this relationship; creating greater outcomes. He will deliver energy, clarity, & value to your event.

### Offerings

#### 1 hour workshop

*Countdown to Ignition: A 60 minute experience of renewal & reinvention.*

#### Keynote address

*A Future of Solidarity: Self Leadership & Self Organizing Groups:*

#### Half day seminar

*Injury Proof Fitness: 4 hours to life long freedom from aches and pains*

#### Full day seminar

*The Full Monty: Integrating Body, Mind, & Spirit into your vocation & legacy. .*